

Family Disaster Supply List

Household Items

- _ Battery-powered radio
- _ Battery-powered flashlights
- _ Extra batteries
- _ Cash or travelers checks and change
- _ Map to follow evacuation routes/ find shelters
- _ Minimum 3-day supply of non-perishable, packaged or canned food (e.g. canned or dried juice mixes, powdered or canned milk, peanut butter, jelly, crackers, unsalted nuts, trail mixes, cereals, rice, cookies, hard candies, instant coffee, tea bags)
- _ Basic food seasoning (salt/pepper)
- _ Manual can opener
- _ Paper plates
- _ Cups
- _ Minimum 3-day supply of bottled drinking water – one gallon of water per person per day. Don't forget water for pets. Store water in sealed unbreakable containers and replace every 6 months.
- _ First aid kit
- _ Fire extinguisher (small ABC type)
- _ Duct tape
- _ Waterproof matches
- _ Sewing kit
- _ Plastic storage containers
- _ Paper, pencils and pens
- _ Aluminum foil
- _ Plastic sheeting/tarps
- _ Basic tool kit (adjustable wrench, screwdrivers, hammer, etc.)

Family Documents

(stored in a waterproof container):

- _ Birth certificates
- _ Marriage certificates
- _ Death certificates
- _ Ownership documents
- _ Insurance policies
- _ Passports/ visas
- _ Social Security cards
- _ Bond/stock issues
- _ Wills/ living trusts
- _ Medical records/ children's vaccination histories
- _ Photocopies of all cards carried in wallet
- _ Backup disks of computer information
- _ Irreplaceable photographs/videotapes/family heirlooms
- _ Inventory of personal property for filing insurance claims. List everything and include receipts of big-ticket items.
- _ Videotape or photos of home(s) contents to supplement your written inventory of home.
- _ Clothing and bedding (for each family member)
- _ Sturdy shoes or work boots
- _ Rain gear
- _ Blankets and sleeping bags
- _ Hat and work gloves
- _ Thermal underwear
- _ Sunglasses
- _ Insect repellent and sunscreen

Sanitation Supplies

- _ Toilet paper, towelettes
- _ Soap, liquid detergent
- _ Feminine supplies
- _ Personal hygiene items
- _ Plastic garbage bags with ties
- _ Plastic bucket with tight lid
- _ Disinfectant
- _ Unscented household bleach

Baby Needs

- _ Disposable diapers
- _ Formula
- _ Bottles
- _ Powdered milk
- _ Medications
- _ Changes of clothing

Adult/Elderly Needs

- _ Extra months' supply of prescription medicine refills (Store in easily accessible bag in medicine cabinet, rotate pills as prescription is refilled).
- _ Walkers/ wheelchairs/canes
- _ Denture needs
- _ Extra set of prescription glasses/ contacts.
- _ Entertainment – Books, Toys, and Games
- _ Extra set of car keys.

(Supplied by: Local Church Planning Guide Version 2-1
Disaster Recovery Ministry, Florida Conference of the United Methodist Church – Lakeland, FL)